



**January 21, 2021 9:30am
Capital District Counseling Association
Executive Board Meeting**

**CDCA OFFICERS
2020-2021
PO BOX 50153
ALBANY, NY 12205
CDCANY.ORG**

PRESIDENT:
KATHLEEN FREESE
KATHLEENFREESE@YAHOO.COM

PRESIDENT ELECT:
JANELLE LYONS
RAEGAN_3159@YAHOO.COM

**VICE PRESIDENT FOR
PROFESSIONAL DEVELOPMENT:**
LEA MILLER
LMILLER@COHOES.ORG

TREASURER:
JENNY BOGDA
JENNYBOGDA@GMAIL.COM

MEMBERSHIP:
MEGAN BEAUCHAMP
BEAUCHAMPM@APCSD.ORG

CHAIR OF COMMITTEES:
DANIEL FOGARTY
DANIEL.FOGARTY@FMCC.SUNY.EDU

SECRETARY:
ALICIA CALDARA
ALICIA.CALDARA@BKWSCHOOLS.ORG

Executive Board Meeting

Call to Order: 9:32AM

Welcome

I. President's Report

A. Bylaws – review in January – suggestions?

- Meeting on January 25th
- Send Kathleen any ideas

B. Adirondack Association State Ed presentation – from January meeting

- Kathleen is representing
- Association met January 8th
 - A lot of great information presented

C. Intern

- Kathleen is getting an intern to mentor
 - From UAlbany, from College Admissions

II. Executive Board Member Reports

A. Secretary – Alicia Caldara

I. Approval of minutes from September 2020, October 2020, and November 2020, December 2020 meetings

- Megan might have September minutes, to send to Alicia to be typed

II. If approved, post to website

- Call for motion of October, November, December - Alicia, Megan Second
 - Can go to webpage

B. Chair of Committees – Daniel Fogarty

I. College Caravan update - new dates or future meetings

- Trying to plan for Spring
 - CASDA, SUNY, other virtual fairs happening
- Spring caravan over the last few years has been at different times: May, then April, then March
 - Last spring didn't occur due to COVID
- Ultimate goal - an outdoor May event
 - Waiting until mid-March to make a decision

- Would take place at schools for 30-40 minutes then pack up cars then go to the next school
- Would schools be comfortable?
 - Answers from schools might be different now in January then they would be in March?
- II. Scholarship information updated on website
 - Dan sending out an email to the chairs to get the information about the scholarship
- III. Grant Application – does anyone have a copy of the most recent 2019-2020 application?
 - Kathleen will be reaching out

C. Vice President Professional Development – Lea Miller

- I. Thank you for all that you have filled our calendar with!
- II. Awesome Trivia night! Any report?
 - Went well, was a success
- III. Wonderful January “warm and cozy” professional workshop report
 - 13 participants total
 - Martha Asselin led group through a mindfulness morning, practicing on being present
- IV. CASDA roundtables #3 and #4 (March and April) When might CASDA make the registrations live?
 - Registrations not live yet
 - Looking to the spring, would like to include members in higher education and their needs
 - Talking possibly about student mental health issues as one topic
 - College Level Concerns:
 - Engagement with students is completely different than it used to be. Engagement at a standstill with both current and prospective students
 - Shown in grades, withdrawals
 - Support Services:
 - How to interact, who do students go to? Do they interact with people virtually?
 - Tutoring is down when it was at higher levels before the pandemic

■ Engagement with First Gen Students

V. Annual Business Meeting – June 8, 2021 Saratoga

National - website

- Working with speaker that was supposed to present last year
- Can be a combination of virtual and in person
 - Ideally in person
- Timeline for registration?
 - As long as date and place, and that it is a midday meeting, we can start registrations after April round table

D. Treasurer (Communications) – Jenny Bogda

I. Checking and fidelity accounts

- Checking: \$7063.22
- Fidelity: \$73,225.51

II. Website

- Membership list updated on website as of January

III. Facebook

- Will want to put out some notifications about the next few months of events

IV. Newsletter

- Draft sent to board members
- Member highlight coming -
 - One College Member & One K-12 Member represented

E. Membership – Megan Beauchamp

I. Current members

- 76 registered, paid members

II. Memberships drive initiatives – ideas?

- List of 350 members who are not current members from 2016 who were members previously, but are not currently
 - Email newsletter with link to application, link to website, and State Ed slideshow
 - Let members know scholarship information is going to be coming out
- Intern can help with recruitment if interested in CDCA participation

III. List serve

F. President Elect – Janelle Lyons

I. Facebook

II. Start slate for 2021-2022

- Working with Jenny on Newsletter & Financial Items
- Working with Megan to generate a membership list
- Been in touch with Dan on College & Committees
- Touched base with CPS caseworker about lack of student engagement
 - CPS is taking calls on absenteeism
 - However, criteria is that school district needs to have documented attempts to engage student and family
 - Timestamped (handwritten or digital)
 - *Student needs to be failing*
 - Caseworkers are putting services in place for students/families
- Next Year's Current Open Positions:
 - Treasurer, VP for Professional Development
 - Communications
 - President Elect
 - Has either been on the board, or is on the board

III. Old Business

I. College Fair – Dan – what does CASDA say?

- Reviewed in Dan's report

II. Virtual Professional Development – State Ed presentation?

- Slideshow to be sent to members

III. Budget

- Reviewed in Jenny's report

IV. Promoting programs – increasing memberships – Intern?

IV. New Business

I. Clarification of roles of Executive Board Members

- Written in By-Laws
 - Communications needs to be its own position, but it will be next year

II. Legislative Advocacy

- Virtually
 - February 9th & 10th

III. Adjourn

- 10:35AM

