



January 14th 2022 Capital District Counseling Association Executive Board Meeting

Welcome

Call to Order: 11:40

CDCA OFFICERS

2021-2022
PO Box 50153
Albany, NY 12205
cdcany.org

President:

Janelle Lyons
raegan_3159@yahoo.com

Past President:

Kathleen Freese
kathleenfreese@yahoo.com

President Elect:

Katie Lesko
klesko@mariacollege.edu

Vice President for

Professional Development:

Shanell Brown
shanellcb@gmail.com

Treasurer:

Cassandra Metcalf
cmetcalf@mariacollege.edu

VP of Communications:

Sage Fulgan
sagefulgan@gmail.com

Membership:

Megan Beauchamp
beauchampm@apcsd.org

Chair of Committees:

Paige Collins
collip3@gmail.com

Secretary:

Alicia Caldara
acaldara@albany.k12.ny.us

I. President's Report - Janelle Lyons

A. President Report:

1. NYSSCA Affiliation and collaborations: Any updates?
 - Another new member via the NYSSCA website
2. Volunteering:
 - Any ideas about another volunteer project? Do we want to do something as a board?
3. June Business Meeting:
 - Secured Saratoga National for June 7th
 - (1) Shanell has still not heard back from speaker on this for confirmation on this date
4. Legislative Advocacy Day
 - January 31, February 1, February 2, 2022
 - (Monday, Tuesday, Wednesday)
5. School Counselor Week February 7-11: Ideas?
 - Supporting districts where we have membership
 - Appreciation certificate?
 - (1) Something simple via email
 - (2) Katie, Sage, and Janelle to meet to meet on the side to plan
 - (3) Doughnut delivery?
6. Spring College Fair: Update
 - Mike Picarello - planning on having this, but details are slowly moving because of pandemic
 - (1) He will be speaking with HVCC contacts and getting back to Janelle for coordination
7. GOALS/Initiatives for the Year:
 - Pausing

II. Executive Board Member Reports

A. Secretary - Alicia Caldara

1. Approval of December Notes
 - Motion to Approve by Alicia, Second by Kathleen
 - (1) All in Favor
 - If approved, post to website:
 - (1) <https://www.cdcany.org/meeting-minutes/>

B. Chair of Committees - Paige Collins

1. Caravan Follow UP: Feedback?
 - Survey to schools about Caravan
 - (1) Looking to have in May, after AP Exams
 - (2) Nicer weather outside
 - (a) Some schools will need to cancel if it rains, but others, this will alleviate the burden of trying to find a space to host caravan
2. Committee Updates:
 - Scholarship Committee: How many scholarships this year?
 - (1) Decided to have 4 scholarships, one being a First Generation Scholarship
 - (2) \$1,000 each
 - (3) Katie will reach out to the committee and help to coordinate the process

- (4) Additional board members may help with the selection as needed and willing
- (5) College Caravan: May Outdoors.

C. Vice President of Professional Development - Shanell Brown

1. Roundtables: Potential Focus for the January Round table?
 - Round table held on January 11
 - (1) Small but great conversation, sense of camaraderie
 - (2) Discussed student responsibility, how to gain back respect
 - Janelle will put together notes from first and second roundtables
 - Recommended topics for next round table
 - (1) Scheduling: how are schools looking to schedule for the fall?
 - (2)
2. Events in the works:
 - Day of Sharing?
 - (1) Later in the year for this or next year, as it could be in conflict with the NYSSCA event
 - Something else?
 - (1) School Counseling Week in February
 - (2) Round Table in March
 - NYSSCA is hosting an event at Tamarac for Elementary School Counselors
 - (1) Carol Miller, former Counselor of the Year, and another counselor are coming for an hour and a half
 - Additional Discussion:
 - (1) Better to do things we have planned well, rather than keep planning lots of events and asking our membership to pick and choose what events to go to - NYSSCA vs. CDCA
 - (2) Membership Drive event in April before June Annual meeting
 - (a) What events can non-members participate in, that would encourage membership
 - (b) Create Resource Drives vs. Events
3. Winter Program: Career Exploration Panel
 - Feedback? Surveys?
 - (1) Survey to be sent out
4. June Business Meeting:
 - Shanell contacted Hamad Al Ghareeb to be our speaker. Awaiting confirmation.

D. Communications - Sage Fulgan

1. Member Certificates UPDATE
 - Megan will send all current members a PDF certificate over the January long weekend
 - (1) Follow up with a Facebook post letting people know that current active members received certificates via email, if they did not, they can join CDCA at: <https://www.cdcan.org/become-a-member/>
2. Website update/ideas
3. Member highlights for next newsletter
4. LINKED IN, & More web accessibility/exposure
5. FACEBOOK/INSTAGRAM ideas

E. Treasurer - Cassandra Metcalf

1. Checking & Fidelity Accounts
 - Key Bank: \$4,648.38
 - Fidelity: \$75,513.74

F. Membership - Megan Beauchamp

1. Current Membership
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<https://www.cdca.org/become-a-member/>
2. Membership DRIVE
3. Membership is at 100 but there are 8-10 new members that need to added to

G. Past President - Kathleen Dowd Freese

1. Adirondack School Counseling Association updates
2. Counselor of The Year :
 - Get the word out!
3. Slate for June:
 - Start having conversations

III. Old Business

A.

IV. New Business

A. School Counseling Week

1. What has been done in the past?
 - Small group to meet and brainstorm ideas: Katie, Paige, Sage, Janelle to meet on a zoom meeting and decide on what to do.

V. Adjourn

- 12:57 pm