



Fall 2022 Newsletter

GREETINGS FROM OUR PRESIDENT

Happy Fall!

I hope the fall season is filled with Spirit Weeks, candy, leaf peeping and some rest! Did I say candy?

I know you are busy writing recommendations, reading applications, creating social and emotional supports and safe environments for our students. We appreciate all that you do!

Here are our upcoming events:

- Thursday November 10 is the first VIRTUAL roundtable that we sponsor with CASDA.
- We also are busy planning the Winter Event, which will be on **December 7 (date change)** at Barnsider Restaurant in Colonie. The topic is "Stepping into virtual reality to make education better" Please mark your calendar! Registration and detail to follow.

In addition, I hope you join our Facebook page to share resources and ask questions of our organization. It matters to keep the organization alive!

Katie Lesko and
The CDCA Executive Board



2022 COUNSELOR OF THE YEAR

DEB ZEH



The purpose of the Counselor of the Year Award is to recognize a school counselor, college admissions representative, or college counselor for outstanding service and achievement in their field within the past year. There were wonderful nominations submitted for the award and it is difficult to choose. However, with the notion, being “Counselor of “This Year”, one nominee clearly shone. CDCA Executive Board is happy to announce Deb Zeh, counselor at Bethlehem High School and Lab School as the 2022 Counselor of the Year!

Deborah Zeh has been a counselor for more than 20 years between Mechanicville and Bethlehem High School. She is a dynamic personality who is constantly an advocate for students, equity in education and social justice. She serves as a mentor for counseling interns and continues to serve our profession well.

All of Deb’s recommendations were filled with words like advocating, responding, listening, asking, listening some more, team player, empathic, mentor, mentoring and mentor some more and on more than one occasion friend – “Friend to the students, colleagues and future colleagues”

As one recommender wrote, “She is a Shining Star” and we believe this too.

What we've been up to....

2022 Fall College Caravan

18 college representatives visited 12 local high schools! This event is such a valuable resource for our students. Thank you to all who participated!



2022 Fall CDCA/CASDA Regional College Fair

On September 29th, over 100 colleges came together at HVCC! What a great event for our region.

The Fall Mixer at Druther's, Schenectady was a success. It was great to see your faces.

CDCA goals for the 2022-2023 Year:

- 1) Increase membership engagement - in-person, virtual and social media.
- 2) Set up a multi-audience year-long plan with events, communications and resources relying on our committees and board to share the work.
- 3) Connect our members with other organizations - like CASDA, NYSSCA and NYSACAC while keeping CDCA relevant and vibrant.
- 4) Fill an Executive Officers Slate in June 2023 next year.

WANT TO GET INVOLVED?

- For those who can give a little more, Volunteer on a specific Committee - Elementary, Middle School, High School, College and Retirees - for more relevant connections and topics.
Please reach out to [Paige Collins](#) to join a committee.
- Be active on Social Media! Join our Facebook page and add content. Share what you are doing.
- Bring a friend to events. We love to have more people involved.

Any questions? Please reach out to us at cdcamembership@gmail.com