



December 13th, 2022

Capital District Counseling Association

Executive Board Meeting

Welcome

Call to Order: 10:13 AM

CDCA OFFICERS

2022-2023
PO Box 50153
Albany, NY 12205
cdcany.org

President:

Katie Lesko
klesko@mariacollege.edu

Past President:

Janelle Lyons
raegan_3159@yahoo.com

VP of Professional Development:

Trish Poupore
patricia.poupore@gmail.com

VP of Communications:

Sage Fulgan
sfulgan@brunswickcsd.org

Treasurer:

Cassandra Metcalf
cmetcalf@mariacollege.edu

Membership:

Colleen O'Flaherty
chlor1982@aol.com

Chair of Committees:

Paige Collins
collip3@gmail.com

Secretary:

Alicia Caldara
acaldara@albany.k12.ny.us

I. Vote on Meeting Minutes from Nov meeting

Alicia Caldara- Secretary

- November and December's meeting minutes to January Meeting

II. Executive Board Member Reports

A. Treasurer - Cassandra Metcalf

1. Checking & Fidelity Accounts
 - Checking: \$1,759.94
 - Fidelity: Numbers next month

B. Vice President of Professional Development - Trish Poupore

1. Update from Winter Program
 - a. Successful event!
 - i. 31 attendees
 - ii. People enjoyed the speaker
 - b. Reconciling payment from Winter Program
 - i. Payments for event, membership payments
2. February 9th, 2023
 - a. Co-hosting with NYSSCA, event at Fort Orange Brewery
 - i. Drink Tickets would be a good idea
 - ii. NYSSCA covering Food
 - b. Raffle at this event
 - i. A membership for 2023-2024
 - ii. NYSSCA Conference for 2023
 - c. Advocacy for National School Counseling Week
 - i. Photos and promotional materials
 - ii. Utilize [ASCA Toolkit](#)

C. Membership - Colleen O'Flaherty

1. Current Membership - numbers
 - 103 members
2. Plan to communicate
 - Postcard out Regents Week, publicize February 9th event

D. Chair of Committees - Paige Collins

1. Any committee updates
 - Elementary School
 - (1) Meeting with Megan and Kathleen
 - (a) Looking at ways to bring back Elementary day of sharing
 - (b) Will be looking for previous membership lists
 - (i) Looking for Elementary Counselors
 - (ii) List of all Region 4 counselors available
 - (c) Looking for at a central location in Albany/Clifton Park as a brunch or happy hour
 - Middle School Committee
 - (1) Looking to connect with another counselor to lead this committee

- Scholarships
 - (1) Can move forward with four scholarships
 - (a) First Gen - \$2,500
 - (b) All other Scholarships - \$1,000 each
- Caravan
 - (1) Looking for people to plan this
 - (2) Collaborations with counselors in Regional Areas, College Reps
 - (3) **Question for thought:**
 - (a) *Is Caravan still valid?*
 - (i) CASDA and Caravan are conflicting
 - (ii) CASDA has night fairs, which colleges are more likely to participate in
 - (iii) If High Schools that are close to each other could all agree on a date, would that help keep Caravan thriving

E. Vice President of Communications - Sage Fulgan

**Tabled for next meeting*

1. Newsletter
2. Certificate Mailing
3. Website Updates

F. Past President - Janelle Lyons

III. President's Report - Katie Lesko

A. President Report:

1. February National School Counselor week - creating a working group/communication plan
2. Confirm the January 28 date - time?
3. Ideas and timing of next newsletter
 - Asking people to contribute to newsletter
 - Contributions from roundtable
4. Book Club?
 - CDCA Recommended book/podcast of the month
 - Quick and easy reads, meaningful work for resource gathering

IV. Old Business

V. New Business

VI. Adjourn

- 10:56 AM