



November 8th, 2022 Capital District Counseling Association Executive Board Meeting

Welcome

Call to Order: 10:03 AM

CDCA OFFICERS

2022-2023
PO Box 50153
Albany, NY 12205
cdcany.org

President:

Katie Lesko
klesko@mariacollege.edu

Past President:

Janelle Lyons
raegan_3159@yahoo.com

VP of Professional Development:

Trish Poupore
patricia.poupore@gmail.com

VP of Communications:

Sage Fulgan
sfulgan@brunswickcsd.org

Treasurer:

Cassandra Metcalf
cmetcalf@mariacollege.edu

Membership:

Colleen O'Flaherty
chlor1982@aol.com

Chair of Committees:

Paige Collins
collip3@gmail.com

Secretary:

Alicia Caldara
acaldara@albany.k12.ny.us

I. Vote on Meeting Minutes from Oct meeting

Alicia Caldara- Secretary

- Motion to Pass: Sage Colleen Second
- If approved, post to website:
 - <https://www.cdcany.org/meeting-minutes/>

II. Executive Board Member Reports

A. Vice President of Communications - Sage Fulgan

1. Newsletter: Sage will send out, to be sent out later today
 - December winter program invitation created
2. Certificate Mailing
 - For members to know they have membership in the current year
 - Best way to get these sent out?
 - (1) Small committee – emailed to members
 - (2) Is it possible to email newsletter and membership certificate in one email?
3. Website Updates

B. Vice President of Professional Development - Trish Poupore

1. Update on happy hour
 - a. February 9th with NYSSCA
 - b. Mixer during School Counseling Week
2. Place for winter program
 - a. *The Barnsider*, Wednesday December 7th
 - i. 4:00 Registration/Check In
 - ii. 4:30 or 5:00 - Presentation
 1. Additional details to be finalized soon
 - iii. Heavy appetizers, drinks
3. Speaker choices for winter
 - a. Met with Matt Haymes – Metaverse speaker
 - i. On board for pitching it to K-12 and College audience and how to introduce it into their respective world
 - ii. Connecting virtual reality and schools
 - iii. Worked in admissions in Union, a marketer by trade, Calls himself a “Digital Explorer”
4. Place for Spring program
 - a. People look forward to Saratoga in June
 - i. Can order off lunch menu instead of catering menu
 - ii. Alternative locations in Saratoga/Clifton Park
 - b. Suggestions for Speakers
 - i. Start brainstorming for a single speaker for this event

C. Treasurer - Cassandra Metcalf

1. Checking & Fidelity Accounts
 - Checking (Key Bank): \$2,251.15
 - Fidelity: \$58,760.58
2. Things to think about:
 - Raffle for Winter Program
 - Scholarship Budget
 - Annual Business Meeting
 - Bringing back the Administrative Assistant Lunch or Mixer

D. Membership - Colleen O'Flaherty

1. Current Membership - numbers
 - 86 members
2. Plan to communicate
 - Sending out a membership drive postcard next week
 - Will send to local colleges and local School's Counseling Offices

E. Chair of Committees - Paige Collins

1. Any committee updates
 - Katie and Paige are going to connect about vision for committees after Winter Program time
 - Hoping to see committees flourish around Spring Time

F. Past President - Janelle Lyons

1. CASDA dates for round tables
 - Round table Thursday
 - (1) 19 people currently registered
2. Will be renewing NYSSCA membership via CDCA as liaison

III. President's Report - Katie Lesko

- A. President Report:
 1. January board retreat
 - Tentative January 28th
 - (1) 10am-3pm
 - Goals:
 - (1) Communication plans
 - (2) Firming up locations and topics
 - (3) Setting up 2023-2024
 - (4) Slate Brainstorming
 - (5) Overview of where to find the communication calendar
 2. February National School Counselor week
 3. Programming
 - Winter Program:
 - (1) Would love to see 70 people there
 - October Mixer:
 - (1) Last week of October – right around November 1 deadline for Counselors, Halloween time, traveling *into* Schenectady at that time was a challenge for a mixer.
 - (2) For a program would be easier.

IV. Old Business

- A. Jaymes White emailed about a time to speak with Capital Workforce Development

V. New Business

VI. Adjourn

- 11:06 AM