



February 21st, 2023

Capital District Counseling Association Executive Board Meeting

Welcome

Call to Order: 10:13 AM

CDCA OFFICERS

2022-2023
PO Box 50153
Albany, NY 12205
cdcany.org

President:

Katie Lesko
klesko@mariacollege.edu

Past President:

Janelle Lyons
raegan_3159@yahoo.com

VP of Professional Development:

Trish Poupore
patricia.poupore@gmail.com

VP of Communications:

Sage Fulgan
sfulgan@brunswickcsd.org

Treasurer:

Cassandra Metcalf
cmetcalf@mariacollege.edu

Membership:

Colleen O'Flaherty
chlor1982@aol.com

Chair of Committees:

Paige Collins
collip3@gmail.com

Secretary:

Alicia Caldara
acaldara@albany.k12.ny.us

I. Vote on Meeting Minutes from Nov meeting

Alicia Caldara- Secretary

- Approve meeting minutes from January Meeting
 - If Approved, post to Website
 - Motion by Alicia, Second by Cassie

II. Executive Board Member Reports

A. Treasurer - Cassandra Metcalf

1. Checking & Fidelity Accounts
 - Checking: \$8,390.08
 - Fidelity: \$52,000
2. Working on Tax Exempt Status

B. Vice President of Professional Development - Trish Poupore

1. Mixer Recap:
 - a. Well attended
 - b. Space at Fort Orange was successful
 - i. Gave away CDCA Membership, NYSSCA Passes
 - ii. Will lit these in Newsletter
2. May 4 Mixer
 - a.
3. Virtual Meet and Greet the Board
 - a. Before Easter
4. Business Meeting
 - a. Talk about moving the date:
 - i. First step, looking at locations - in a more formal location
 1. Could move to Wednesday or Thursday of that week
 - ii. Thoughts to keep in mind: would it be possible to order off the Luncheon menu vs. Formal Event menu
 - b. Speakers:
 - i. Brainstorming: everyone bring three people to the group
 - c. Try to get everything in place by March 15
5. Future event:
 - a. Carla Young - did a presentation at NYSSCA around Erin's Law - sexual assaults/healthy relationships.
 - b. Could this be paired with someone from Higher Ed for a presentation? Would she be able to co-present with someone?

C. Membership - Colleen O'Flaherty

1. Current members: 108

D. Chair of Committees - Paige Collins

1. Scholarships:
 - Checking in with Melissa - apps need to get to schools
 - Deadline is May 1, scholarship apps got out in March

E. Vice President of Communications - Sage Fulgan

1. Newsletter will be built next week!

- Counselor of the year, NSCW, scholarships, day of sharing, recap of roundtables, mixers, date for Annual Business Meeting, member spotlight

F. Past President - Janelle Lyons

1. Next roundtable: March
 - Will type up notes and share with Tom, Mike, and Katie beforehand

III. President's Report - Katie Lesko

A. President Report:

1. CASDA: College Fair - April 4
 - May need volunteers for this
2. Caravan Dates: May
3. Counselor of the Year Form
 - Ready to go by March 10th for Newsletter
4. Communication:
 - Want to enhance newsletter and reinforce all the good work we are doing throughout the year
 - Do we need a monthly email from the president to share out? What other ways to communicate? How do others know what's going on if they aren't coming to mixers, aren't reading emails, aren't part of the facebook group?

IV. Old Business

V. New Business

VI. Adjourn

- 11:17 AM