



**January 28<sup>th</sup>, 2023**  
**Capital District Counseling Association**  
**Executive Board Meeting**  
**McAuley Building, Room 103b (behind chapel)**

**10 – 11:00 a.m. Breakfast and catch up**

**Welcome**  
**Call to Order: 11:03 AM**

**CDCA OFFICERS**

2022-2023  
PO Box 50153  
Albany, NY 12205  
cdcany.org

**President:**

Katie Lesko  
klesko@mariacollege.edu

**Past President:**

Janelle Lyons  
raegan\_3159@yahoo.com

**VP of Professional Development:**

Trish Poupore  
patricia.poupore@gmail.com

**VP of Communications:**

Sage Fulgan  
sfulgan@brunswickcsd.org

**Treasurer:**

Cassandra Metcalf  
cmetcalf@mariacollege.edu

**Membership:**

Colleen O'Flaherty  
chlor1982@aol.com

**Chair of Committees:**

Paige Collins  
collip3@gmail.com

**Secretary:**

Alicia Caldara  
acaldara@albany.k12.ny.us

**11:00am -**

**Board meeting and update**

- 1) Alicia with Minutes from November and December
  - Motion to Pass: Alicia, Second by Cassie
  - If approved, post to website:
    - <https://www.cdcany.org/meeting-minutes/>
- 2) Past President Update
  - Roundtable and NYSSCA – Janelle
    - Second roundtable this month, well attended. New participants in attendance. Moderated by Tom Nesbit
      - (1) Staffing needs have been a theme across districts
        - (a) Clear need for substitute teachers. Lack of subs is impacting each school district. Overall feel that this will be continuing to impact districts over the next few years.
    - Partnership with NYSSCA -
      - (1) Tapping into the grad students in our area has been beneficial. Students are joining both NYSSCA and CDCA at the same time
      - Stewarts donated coffee cards again this year for National School Counseling Week
- 3) Update on Programming – Trish
  - Mixer
    - Cohosting with NYSSCA
      - (1) 21 people registered
      - (2) Raffle:
        - (a) NYSSCA Passes
          - (i) 2 for this upcoming event in Albany
          - (ii) One additional rolled over from last year (already assigned)
    - Day of Sharing:
      - CDCA membership, Fort Orange Gift Card, June Business Meeting event
    - May 4, 2023 - Mixer
      - Friend-raiser
        - (1) Bring Administrative Professionals
    - June Business Meeting:
      - Date: June 6 (Tuesday), in Saratoga/Clifton Park
        - (1) Have \$1,000 for speaker
        - (2) Historically have spent around \$2,000
  - 4) Update on Budget - Cassie
    - Approximate numbers:
      - Fidelity - \$60,000
      - Checking - \$1,500
    - Last Year:
      - \$4000 - for scholarships taken out
      - \$5,500 in total used for Scholarship
    - Pulled out \$9000 in total last year

- Motion by Katie: \$4500 for scholarships
    - With flexibility to come back to the table for compelling
    - Second: Paige
      - (1) All in favor
  - Motion from Cassie: to take out \$8,000 from Fidelity to cover upcoming events
    - Katie Seconds
      - (1) All in favor
  - Motion to Cancel Constant Contact:
    - Motion by Cassie, Second by Sage
    - All in Favor
- 5) Update on Membership – Colleen
- Current Members - About 100 members
    - Form responses: 86
    - By Mail: 12
    - Checks without apps: 7
  - College Admissions Offices:
    - Taking a look at Group Rates
- 6) Update on Committees – Paige and Katie
- Day of sharing - decisions
    - St. Rose, March 10
    - Megan is chairing - Elementary Committee
      - (1) Pricing:
        - (a) St. Rose, donating the facility fee
        - (b) Pay \$30 for non-members, Pay \$20 for current members - Contingent on Megan's approval
          - (i) ADK Members do not have to become members
          - (ii) Vote: Motion by Katie, Second by Janelle
            - 1. All in Favor
- Caravan
  - Becca is going to take this
- Scholarship
  - Reviewed in Budget
- Counselor of the year
  - CASDA Dinner is April 20
    - (1) Janelle will reach back out to Mike
  - Launch Scholarships on School Counseling Week
  - Can re-honor recipient during Business Meeting

**New Business –**

- Advocacy day in the legislative building
- Domain name Registration

7) Presidents Update – laying out the rest of the day

**Adjourn:**