



# March 14, 2023 Capital District Counseling Association Executive Board Meeting

## Welcome

### Attendees:

Katie Lesko, Janelle Lyons, Trish Poupore, Sage Fulgan, Cassie Metcalf, Colleen O'Flaherty, Paige Collins

**Call to Order:** 10:10 AM

## CDCA OFFICERS

2022-2023  
PO Box 50153  
Albany, NY 12205  
cdcany.org

### President:

Katie Lesko  
klesko@mariacollege.edu

### Past President:

Janelle Lyons  
raegan\_3159@yahoo.com

### VP of Professional Development:

Trish Poupore  
patricia.poupore@gmail.com

### VP of Communications:

Sage Fulgan  
sfulgan@brunswickcsd.org

### Treasurer:

Cassandra Metcalf  
cmetcalf@mariacollege.edu

### Membership:

Colleen O'Flaherty  
chlor1982@aol.com

### Chair of Committees:

Paige Collins  
collip3@gmail.com

### Secretary:

Alicia Caldara  
acaldara@albany.k12.ny.us

## I. Vote on Meeting Minutes from February meeting

### Alicia Caldara- Secretary

- Approve meeting minutes from February Meeting
  - If Approved, post to Website
  - Motion by Colleen, Second by Sage

## II. Executive Board Member Reports

### A. Treasurer - Cassandra Metcalf

1. Checking & Fidelity Accounts:
  - Fidelity: \$56,590.45
  - Key Bank: \$7,901.73
2. Payment of Meagan and Janelle waived for Day of Sharing.
3. Payment for Courtney Swisher – we will waive the Annual Business Lunch

### B. Vice President of Professional Development - Trish Poupore

1. Business meetings – Hideaway, Saratoga costs a lot of money
  - a. Will be June 7

### C. Membership - Colleen O'Flaherty

1. Current Members: 123 members
  - Still has to reconcile the Day of Sharing

### D. Chair of Committees - Paige Collins

1. Scholarship Committee:
  - Posted and promoted! Deadline is May 1
2. Caravan:
  - Committee met and confirmed schedule for Spring. Need the lists of college members
3. Middle School Committee:
  - Katleyn Baker has an interest

### E. Vice President of Communications - Sage Fulgan

1. Sage – newsletter is out for review
2. Promoting the Virtual meeting at the end of March
3. Helping Trish with promoting the business luncheon

### F. Past President - Janelle Lyons

1. Day of Sharing was wonderful
2. Will reach out to CASDA for awards dinner
3. Relationship with NYSSCA

## III. President's Report - Katie Lesko

- A. No Updates or New Business

## IV. Old Business

## V. New Business

## VI. Adjourn

- 11:24 AM