



October 17, 2023

Capital District Counseling Association Executive Board Meeting

Welcome
Call to Order: 10:08 am

CDCA OFFICERS

2023-2024
PO Box 50153
Albany, NY 12205
cdcany.org

Acting President/Past President:
Katie Lesko
katiecooneylesko@gmail.com

President Elect:
Sage Fulgan
sfulgan@brunswickcsd.org

VP of Professional Development:
Trish Poupore
patricia.poupore@gmail.com

Co-VP of Communications:
Katelyn Baker & Shanell Brown
bakerk@apcsd.org;
shanellcb@gmail.com

Treasurer:
Kimberly Leva
levak@scolonie.org

Membership:
Colleen O'Flaherty
chlor1982@aol.com

Chair of Committees:
Paige Collins
collip3@gmail.com

Secretary:
Alicia Caldara
acaldara@albany.k12.ny.us

I. **Vote on Meeting Minutes from June and Sept meeting** **Katie Lesko and Alicia Caldara- Secretary**

- June Minutes - Colleen Motion, Kimberly Second
- September Minutes - Kimberly Motion, Trish Second

II. **Executive Board Member Reports**

A. **Vice President of Professional Development - Trish Poupore**

1. Update about mixer and Winter Program
 - Mixer - October 26th
 - Ryan's Wake, 4:00 pm
 - Shaker Ridge Winter Program
 - December 6th, 4:00 pm start time
 - Food Choices being worked through
 - 1 Drink ticket, followed by cash bar
 - Speakers being lined up now for topics on note taking, legality on this
 - Idea sparked from Day of Sharing
 - Next steps:
 - Inviting admin, raffle/prizes
 - Smaller group working together to plan this
 - Identifying cost for attendees
 - Cap at \$35

B. **Membership - Colleen O'Flaherty**

1. Current Membership - numbers
 - 50 current members
 - A few pending to add to membership list
 - After first mixer, cross reference
2. Plan to communicate
 - Facebook communications

C. **Chair of Committees - Paige Collins**

1. Any committee updates
 - Board will need to meet with committees

D. **President Elect - Sage Fulgan**

- No current updates this meeting

E. **VP Communications - Katelyn and Shanell**

1. Plan for newsletter
 - Send out after first mixer
 - Send out next newsletter after NYSSCA and Winter Program

F. **Treasurer - Kimberly Leva**

1. Checking & Fidelity Accounts
 - Checking: \$
 - Fidelity: \$

III. President's Report - Katie Lesko

A. President Report:

1. Next board meeting: November 7th, 10:00
2. December Meeting - December 12th

IV. Old Business

A. None

V. New Business

A. **Update letterhead to reflect new co-communications VP
Katelyn Baker and Shanell Brown**

VI. Adjourn

- 10:46 am